

# FIRST ANNUAL POLAR BEAR 5K FUN RUN/WALK

**DATE:** SATURDAY, MAY 15, 2010 (ALT. DATE IN CASE OF SEVERE WEATHER: MAY 16)  
**TIME:** RUNNERS: 9:00 A.M., WALKERS: 9:15 A.M.  
 AWARDS (APPROXIMATELY) 10:00 A.M.  
**SITE:** NORTHRIDGE STADIUM (START & FINISH)  
 @ NORTHRIDGE HIGH SCHOOL, 2251 TIMBER LN., DAYTON, OH 45414  
**CHECK-IN:** 8:00 A.M. – 8:45 A.M. ON RACE DAY  
**PROCEEDS:** TO LEUKEMIA & LYMPHOMA SOCIETY  
*IN MEMORY OF JIM SCOTT*  
**ENTRY FEE:** \$15 PRE-REGISTERED BY MAY 7, 2010  
 \$20 SAME-DAY REGISTER (T-SHIRT GUARANTEED FOR PRE-REGISTERED ONLY)  
**SPONSOR:** NORTHRIDGE HS STUDENT COUNCIL  
**CONTACT:** E-MAIL POLARBEAR5K@NORTHRIDGESCHOOLS.ORG



## REGISTRATION FORM



PLEASE FILL OUT A SEPARATE FORM FOR EACH RUNNER/WALKER!  
 REGISTRATIONS RECEIVED AFTER MAY 7 CANNOT BE GUARANTEED

\_\_\_\_\_ CIRCLE ONE: M/F  
 FIRST NAME      LAST NAME      AGE (ON RACE DAY)

\_\_\_\_\_ CITY/STATE/ZIP  
 ADDRESS

\_\_\_\_\_ EMAIL ADDRESS  
 PHONE NUMBER

I WILL PARTICIPATE IN THE FOLLOWING EVENT:    \_\_\_ 5K RUN    \_\_\_ 5K WALK

T-SHIRT SIZE (ADULT SIZES ONLY):    

S	M	L	XL	2XL	3XL
---	---	---	----	-----	-----

REGISTRATION:     \$15 PRE-REGISTRATION     \$20 SAME-DAY REGISTRATION

MAKE CHECKS PAYABLE TO NORTHRIDGE HIGH SCHOOL

MAIL TO:      POLAR BEAR 5K ATTN: KAREN FORRER  
 NORTHRIDGE HIGH SCHOOL  
 2151 TIMBER LANE  
 DAYTON OH 45414

OR DROP OFF AT NHS DURING SCHOOL HOURS

<u>FOR OFFICE USE ONLY</u>	
REGISTRATION RECEIVED BY _____	INITIAL
DATE RECEIVED _____	
SHIRT ORDER PROCESSED _____	INITIAL

WAIVER AND RELEASE STATEMENT (MUST BE READ AND SIGNED)  
 I, THE UNDERSIGNED (IF LESS THAN 18 YEARS OF AGE, MY PARENT OR GUARDIAN), DECLARE THAT I AM PHYSICALLY ABLE TO PARTICIPATE IN THIS RUNNING/WALKING EVENT. I ASSUME ALL RISKS ASSOCIATED WITH MY VOLUNTARY PARTICIPATION IN THIS EVENT AND WAIVE, RELEASE AND DISCHARGE NORTHRIDGE LOCAL SCHOOLS, NORTHRIDGE HIGH SCHOOL, AND THE NORTHRIDGE STUDENT COUNCIL OF ANY AND ALL CLAIMS OR LIABILITY. I ALSO GRANT PERMISSION TO THE ABOVE MENTIONED PARTIES TO USE MY NAME AND/OR ANY PHOTOGRAPHS OR VIDEOTAPES OF THE EVENT FOR ANY REASONABLE PURPOSE. I ALSO UNDERSTAND THAT ENTRY FEES ARE NON-REFUNDABLE.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_  
 (SIGNATURE OF PARENT OR GUARDIAN IF UNDER 18)